**Recommended books for Naturopathy students**

- Clinical Naturopathy - Jerome Sarris and Jon Wardle
- Textbook of Natural Medicine; Pizzorno & Murray, Churchill Livingston, 2006
- Encyclopedia of Nutritional Supplements - Michael T Murry
- Priniciples and Practises of Naturopathic Clinical Nutrition - Jonathan Prousky
- Clinical Medicine - Kumar and Clark (They need this for Kris as well)
- The Complete Herbal Tutor Handbook - Anne McIntyre
- Basic Clinical Massage Therapy - Integrating Anatomy and Treatment, James H. Clay and David M. Pounds, Lippincott, Williams and Wilkins
- Principles of Manual Medicine - Philip E. Greenman. Lippencott, Williams and Wilkens

**Recommended books for Phytotherapy students**

• Ross I A. Medicinal plants of the world: chemical constituents, traditional and modern medicinal uses. Hummana press, 1999
• Ross I A. Medicinal plants of the world: chemical constituents, traditional and modern medicinal uses. Volume 2. Hummana press, 1999
• British Herbal Compendium Volume 1: BHMA

• Constituents of Medicinal Plants, Andrew Pengelly,
• Herbal Constituents, Lisa Ganora
• WHO Monographs on Selected Medicinal Plants, World Health Organization
• British Herbal Compendium: British Herbal Medicine Association 1992
• British Herbal Pharmacopoeia: British Herbal Medicine Association 1995
• Physical examination and history taking: Barbara bates
• Oxford handbook of clinical medicine
• Tutorials in differential diagnosis: Beck, Francis, Souhami

Recommended books for Unani Students

• Bhikha R (2000) Tibb – Traditional Roots of Medicine in Modern Routes to Health (with Hakim Muhammad Abdul Haq) Ibn Sina Institute of Tibb, Johannesburg, SA
• Bhikha R (2006) “4 Temperaments 6 Lifestyle Factors” Ibn Sina Institute of Tibb, Johannesburg, SA
• Herbal Treatment of Children. Western and Ayurvedic Perspectives by Anne McIntyre, Elsevier Limited, 2005
• PDR for herbal medicine, 4th edition by David Heber, Thomson Health Care inc, Montvale, 2007
• Indusynic Indian Medicine. Usmanghani Khan, Saeed Aftab and Muhammad Tanweer Alum
• Constituents of Medicinal Plants: An introduction to the chemistry and therapeutics of herbal medicine, 2nd edition, by Andrew Pengelly, CABI publishing, 2004